



WHITNEY FREDIN

— CATERING & EVENTS —

2024

CORPORATE MENU



LOVE IS BEST SHARED AROUND THE TABLE.

HOW TO ORDER

To place your order, simply choose from our selection of Salads, Sandwiches, or Snack Packs. Each box includes a fruit or veg boat, the treat of the week, and wrapped black cutlery. Vegetarian options are available, and we can accommodate other dietary restrictions upon request. Please note that the minimum order is 6 lunches at \$20 per person. Delivery is available for an additional \$25 plus a 20% service fee. We appreciate 48 hours' notice for orders.

EMAIL ORDERS TO HELLO@WHITNEYFREDINEVENTS.COM

CHOOSE ONE LUNCH OPTION

SALAD

20/PP

SANDWICH

20/PP

OPTION 1

Quinoa with cajun roasted sweet potato, corn, black beans, grape tomatoes, avocado on spring mix with Yum sauce

OPTION 2

BBQ chicken, fresh lettuce greens, black beans, grape tomatoes, cilantro, red onion, avocado, cheddar cheese topped w/tortilla strips + a creamy BBQ ranch dressing

OPTION 3

Asian chicken salad with romaine, mandarin orange, almonds, carrots, fried wonton strips, toasted sesame dressing

OPTION 4

Strawberry broccoli salad with red onion, pear, apple, avocado, cranberries, pepitas, feta, with a creamy poppyseed dressing



OPTION 5

Reuben w/sliced corned beef, sauerkraut, swiss cheese + Russian dressing grilled on marble rye

OPTION 6

BLCaprese on ciabatta w/bacon, sliced mozzarella, tomatoes, fresh basil + herbed cream cheese

OPTION 7

Turkey w/brie, green apple, spring greens + fig spread on ciabatta

OPTION 8

Chicken fajita wrap w/bell peppers, onion, rice, pepperjack cheese, + avocado cilantro crema, wrapped in a soft flour tortilla



SNACK OPTIONS

POWER PACKS

\$7/PP

OPTION 1

Pretzels, grapes, peanut butter oat balls

OPTION 2

Vegetables, hummus, pita chips

OPTION 3

Fresh grapes, caprese skewer, roasted mixed nuts

OPTION 4

Apple slices, cheddar cheese, almond butter, popcorn





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READY TO PLACE AN ORDER? NEED SOME MORE INFO?

Email orders to hello@whitneyfredinevents.com
or visit www.whitneyfredinevents.com

