



WHITNEY FREDIN

— CATERING & EVENTS —

2023 REGULAR MENU

**RELAX...WE'VE
GOT YOU! AND
YOU'VE GOT
GREAT TASTE!**

We look forward to making
your event easy breezy,
delicious, and beautiful so
you can spend time with
your guests!

Minimum order 12 per item. All appetizers and
desserts sold by the dozen.

Pickup at our kitchen:
To-go orders come packaged in aluminum pans
with simple reheating instructions.
Delivery fees based on distance + guest count.

Contact us for staffed buffets and service
information. We cater to groups up to 250 pp for buffets,
and can offer groups 250 pp+ a selection of appetizers
and desserts.

Disposables are available for \$2.25/person
(sugarcane) or \$4.25/person (banana leaf).
All orders subject to 6% tax and 20% service fee.

9140 Emerald Street, Suite 104, Boise, Idaho 83704
hello@whitneyfredinevents.com
(208) 608-4397





to start

per dozen



Chips, Hass Guac, Housemade Plco 36
Warm Spinach Artichoke Dip with pita crisps 36
Loaded Mini Baked Potatoes 30
Bacon-Wrapped Goat Cheese Dates 30
Stuffed Mushrooms: boursin or sausage 36
Bruschetta 36
Pigs in a Blanket with ketchup + French's mustard 36
Caramelized Onion Dip with kettle chips 36
Roasted Cherry Tomato Crostini with white bean pesto 36
Cucumber + Hummus Bite with feta, tomato, parsley 36
Asparagus + Prosciutto Tartlets 48
Cucumber with herbed cream cheese, smoked salmon bite + fresh dill 36
Blini with roast beef, creme fraiche + cornichon 48

skewers


per dozen



Chorizo, Manchego + Olive 36
Cucumber + Blackberry Caprese 36
Traditional Caprese 30
Feta, Watermelon + Cucumber 36
Grilled Marinated Tofu + Veg 36
Grilled Marinated Veg + Mushroom 36
Chardonnay Sausage with dijon dipping sauce 36
BBQ Meatballs 40
Tortellini Antipasto 48
Citrus Herb Chicken 48
Choose one sauce: peanut, tzatziki, sweet chili
Pineapple Brown Sugar Soy Beef 48
Choose one sauce: peanut, tzatziki, sweet chili

cups


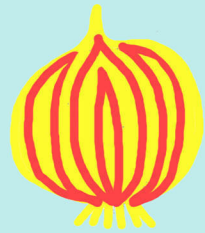
per dozen



Roasted Shrimp with housemade cocktail sauce 72
Layered Greek Dip with veg + pita triangles 60
Peach, Goat Cheese + Basil Wonton Cups 48
Chicken Nacho Wonton Cups 48

sliders

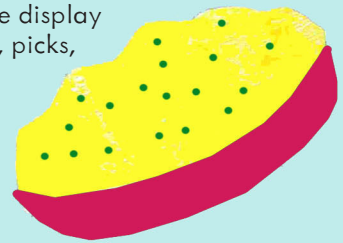
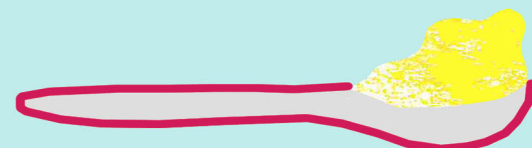
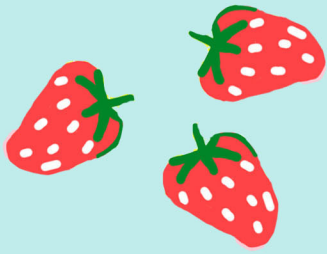

per dozen



Bacon + Carmelized Onion on Gaston's brioche 48
Green Goddess on Gaston's focaccia 48
Grilled Chicken Caesar on Gaston's focaccia 60
Ultimate Veg with dill sauce on Gaston's ciabatta 48
Oven-roasted Turkey + Havarti on Gaston's brioche with pesto mayo, tomato, lettuce 60
Shaved Ham + Swiss on Gaston's brioche with dijon honey mayo, tomato, lettuce 60
Caprese on Gaston's focaccia with balsamic herbed cream cheese (vegetarian) 48
California Club on Gaston's brioche with turkey, bacon, Hass avocado, tomato, mayo + Swiss 60
Hot Italian Beef on King's Hawaiian rolls with melty provolone + peperoncini 60
Hot Ham + Swiss on King's Hawaiian rolls with poppyseed butter sauce 60

amazing grazing table

per person, minimum 12 people

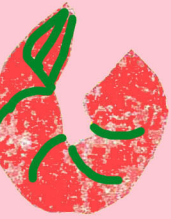


We comb the globe to curate a spectacular selection of fresh seasonal fruit and crudités, artisanal cheese, cured meats, scratch-made dips, nuts, jams, olives, pickled delights, breads, and crackers so there's something for every palate. Disposable display includes greenery, compostable plates, picks, + napkins. 18



salads

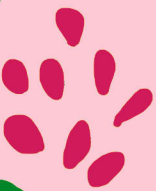
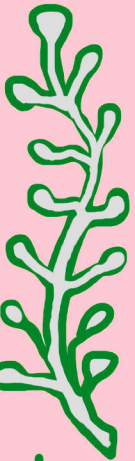
Seasonal Green Salad with multicolor carrot, tomato, cucumber, radish, sugar snap pea, croutons, housemade ranch + balsamic vin 5
 Classic Caesar with romaine, parmesan, tomato, croutons 5
 Classic Pasta with Greek vin 5
 Spinach with hardboiled egg, craisins, red onion, fresh mozzarella, bacon, tomato, sweet tangy dressing 6
 Berries with spring mix, sugared almonds, feta, creamy poppyseed vin 6
 Moroccan Roasted Carrot with arugula, + wild rice 6



breads

all come with our seasonal compound butter
 2.25

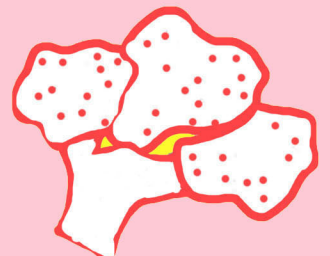
Brioche Rolls
 Jalapeño Popper Cornbread Muffins
 Garlic Bread
 Focaccia
 Baguette
 Artisan Loaf
 Mixed Bread Basket



special entrées

available gf/df/vegetarian/vegan

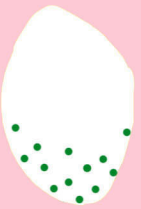
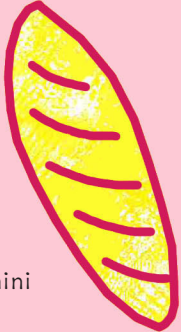
Rice-Stuffed Pepper 16
 Green Goddess Wrap 16
 Quinoa-Stuffed Portobello Mushroom 16
 Southwestern Sweet Potato 16



vegetables

5

Maple Glazed Carrots
 Roasted Carrots with farro, chickpeas + herbed tahini
 Creamed Corn
 Haricots Vert with bacon + shallots
 Herbed Green Beans with slivered almonds



starches

4

Mashed Yukon Golds + Gravy
 Garlic Roasted Red Potatoes
 Potato Gratin
 Rice Pilaf with almonds + golden raisins



MEXICAN FIESTA

34

Shredded Chicken
Tortillas: corn + flour
Spanish Rice
Black Beans
Chips + Salsa
Accoutrements: shredded cheese,
sour cream, cilantro + onions

Add-Ons

Shredded Pork Carnitas 6
Shredded Beef 7
Mexican Street Corn Salad 4
Fajita Veggies: onion, pepper,
mushroom, carrot 3
Homemade Guacamole 2
Homemade Fresh Pico 2

34

Classic or White Chicken Lasagna
OR Chicken Penne Alfredo
Caesar Salad
Pick one veg option
Artisan Bread + Seasonal
Compound Butter

Add-Ons

Shrimp 8
Grilled Chicken 6

LITTLE ITALY

SOUP'S ON

24

choose 1 flavor
per 12 people

Chicken Noodle

Zuppa Toscana with parm
Tomato Basil with parm
French Onion with cheese baguette
Hungarian Mushroom with cream
Turkey Sweet Potato Chili
with sour cream + cheese
Seasonal Green Salad with croutons
Artisan Bread + Seasonal
Compound Butter

BUFFETS

all-inclusive price per person
minimum 12 people
add-ons price per person



BBQ ON THE PATIO

32

Pulled Pork OR Pulled Chicken
Coleslaw
Baked Beans
Mac + Cheese
Brioche Slider Buns

Add-Ons

Traditional Potato Salad 4
German Potato Salad 4
Seasonal Fruit Platter 5
Classic Pasta Salad 3

CLASSIC FLAVORS

34

Chicken Piccata (gf)
Pick one starch option
Pick one veg option
Artisan Bread + Seasonal Compound Butter

Add-Ons

Seasonal Green Salad with croutons 5



IDAHO BAKED POTATO BAR

30

Baked Idaho Russets
Homemade Vegetarian OR Beef Chili
Steamed Broccoli with homemade cheese sauce
Jalapeño Sweet Cornbread Muffins
Accoutrements: butter, sour cream, shredded cheese, crumbled bacon, green onion

Add-Ons

Seasonal Green Salad with croutons 5
Fresh Fruit Platter 6

SAWTOOTH BUFFET

42

Pick one: Herb Crusted Tri-Tip, Lemon Herb Salmon, Teriyaki Salmon
Pick one starch option
Pick one veg option
Artisan Bread + Seasonal Compound Butter

Add-Ons

Seasonal Green Salad with croutons 5

WINNER WINNER CHICKEN DINNER

36

Florentine-Stuffed Chicken Breast with red pepper sauce
OR
Stuffing-Stuffed Chicken Breast with mushroom cream sauce
Pick one starch option
Pick one veg option
Artisan Bread + Seasonal Compound Butter

Add-On

Seasonal Green Salad with croutons 5

MEDITERRANEAN FEAST

32

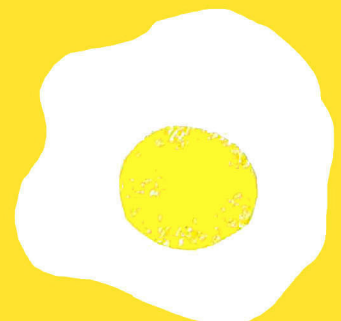
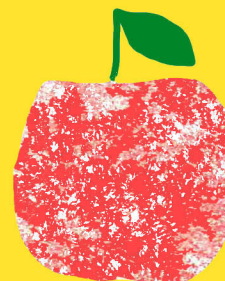
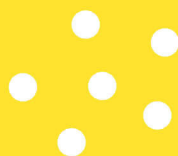
Greek Chicken with tzatziki sauce
Greek Salad
Pick one: Couscous Pilaf, Rice Pilaf, OR
Lemon + Herb Potatoes
Pita Bread

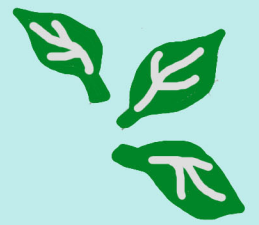
Add-Ons

Grilled Vegetable Platter with hummus, baba ganoush, olive tapenade 8



Kid menus available upon request. We are happy to create a custom buffet with entrees, sides, starches, and add-ons - just ask!





BRUNCH

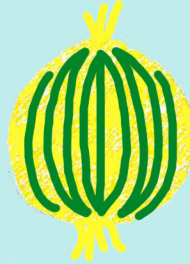
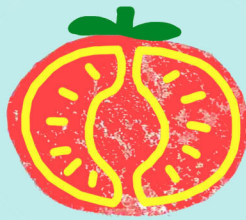
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Overnight French Toast
with berries + whipped cream
Fresh Fruit Platter
Roasted Potatoes O'Brien

Add-Ons

Juice Bar: orange, apple, cranberry 6
Sausage + Bacon 7

Yogurt Parfait Bar: vanilla bean yogurt,
berries, homemade granola, toasted coconut 6



RANCHERO BRUNCH

20

Mexican Breakfast Lasagna
(corn tortillas, onion, pepper, cheese,
mushroom) served with sour cream
+ homemade pico
Fresh Fruit Platter

Add-Ons

Juice Bar: orange, apple, cranberry 6
Sausage + Bacon 7

Yogurt Parfait Bar: vanilla bean yogurt,
berries, granola, toasted coconut 6



BREAKFAST BURRITOS

20

Eggs, Potatoes, Cheese, and Veg
(with or without bacon, sausage, or ham)
Fresh Fruit Platter
Accoutrements: salsa + sour cream

Add-Ons

Guacamole + Homemade Pico 4
Juice Bar: orange, apple, cranberry 6
Yogurt Parfait Bar: vanilla bean yogurt,
berries, homemade granola, toasted coconut 6

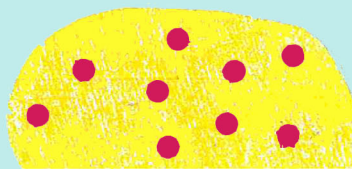
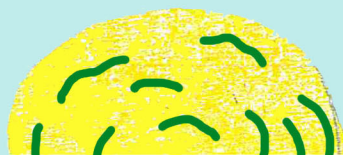
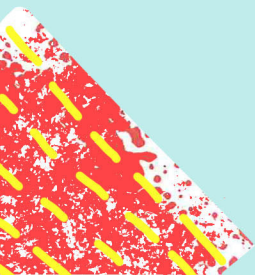
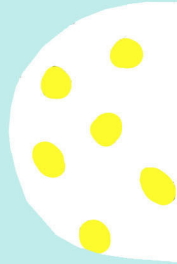
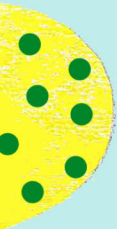
QUICHE BRUNCH

20

Mini Quiches: veg, bacon, or ham
Fresh Fruit Platter
Roasted Potatoes O'Brien

Add-Ons

Juice Bar: orange, apple, cranberry 6
Sausage + Bacon 7
Yogurt Parfait Bar: vanilla bean yogurt,
berries, homemade granola, toasted coconut 6



mini pies

40 per dozen

Mixed Berry Crumble
Peach
Dutch Apple
Pecan
Lemon Mascarpone Cream
Chocolate Cream
Coconut Cream
Banana Cream
Key Lime
Seasonal

Add-Ons

Vanilla Bean Ice Cream
(highly recommend!) 2/pp

cheesecake bites

30 per dozen

NY Style
Chocolate

Add-Ons

Fresh Berries 12
Homemade Caramel Sauce 12
Homemade Hot Fudge Sauce 12

pretzel rods

24 per dozen

Caramel + Dark Chocolate
Caramel + Milk Chocolate
Caramel + White Chocolate
Butterfinger
Toasted Coconut
Toasted Pecans
Sprinkles

better than oreos

36 per dozen

Red Velvet
Chocolate
Chocolate Mint
Chocolate Peanut Butter

seasonal

40 per dozen

Fresh Strawberry Mini Pies
Pumpkin Mini Pies
Caramel Apple Mini Pies
Caramel Apples
Pumpkin Oreos
Mini Pavlova with
seasonal fruit

SWEETS
made from scratch
with love



ask us about a
dessert buffet
with all your
faves



cookies

36 per dozen

Chocolate Chip Sea Salt
Peanut Butter
Oatmeal Toffee Chip
Phyllis's Sugar Gems
Almond Crunch
Seasonal Sugar Cutouts 40



bars

30 per dozen

Carmelitas
Lemon
Pecan
Brookies
Salted Caramel Rice Krispies
Baklava 36
7 Layer Magic Bars
(available gf/df/vegan) 36

brownies

36 per dozen

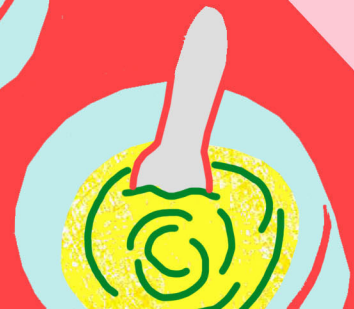
Suzy's Classic Fudge
Blonde
Chocolate Peanut Butter
Mint
German Chocolate
Rocky Road
Cream Cheese



shooters

60 per dozen

Chocolate Mousse
Lemon Mascarpone
Chocolate Brownie
Chocolate Cheesecake
Butterscotch Budino
Mossie's Banana Pudding
Chocolate Cherry
Panna Cotta with berries



BEVERAGES

Ice Water with lemon in glass dispenser no charge

Spa Water single flavor includes ice (mint cucumber, strawberry orange, pineapple mint, or mixed citrus) 8/dispenser

Hydration Station three dispensers of spa water to welcome guests 24

Lemonade single flavor includes ice and floating fruit (regular, strawberry, raspberry, mango, or huckleberry) 2.50

Punch single flavor (white grape ginger ale, pineapple raspberry sherbet, cucumber lime) 2

Soda Sprite, Coke, Diet Coke, bottled water 2

Dirty Soda Bar includes soda cans, 4 syrup flavors, ice, half-n-half, lemons, limes, cups, straws 5

Hot Cocoa Bar includes marshmallows, whipped cream, candy canes, cups, lids, straws, stir sticks 5

Coffee decaf, regular, sugar, cream, sugar substitute, stirrers, cups, lids 3

Hot Tea Bar regular + herbal assortment, served with lemon, sugar, sugar substitute, spoons, cups 3

Iced Tea Bar regular and sweet tea served in dispensers with lemon, honey, cups 3

