



WHITNEY FREDIN
— CATERING & EVENTS —

*Fall / Winter
Menu 2023*



9140 EMERALD STREET
SUITE 104
BOISE, IDAHO
83704
208.608.4397



- APPETIZERS -

PRICE PER DOZEN



Seasonal Cheese Ball rolled
in pecans, dried cranberry with
crackers 36

Cranberry Jalapeño Relish with
Cream Cheese served with
crostini 30



Spicy Cranberry Orange
Glazed Meatballs 36

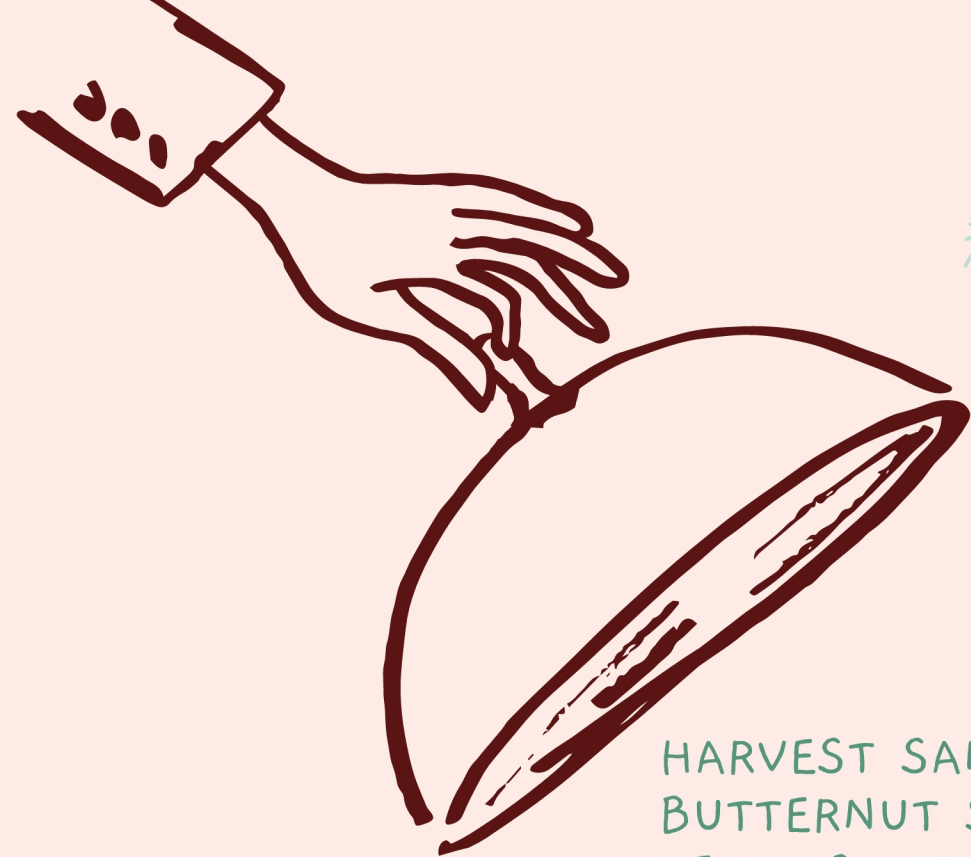


Roasted Butternut Goat
Cheese Crostini with toasted
pecan and cranberry 38



Crab Dip with baked baguette 72





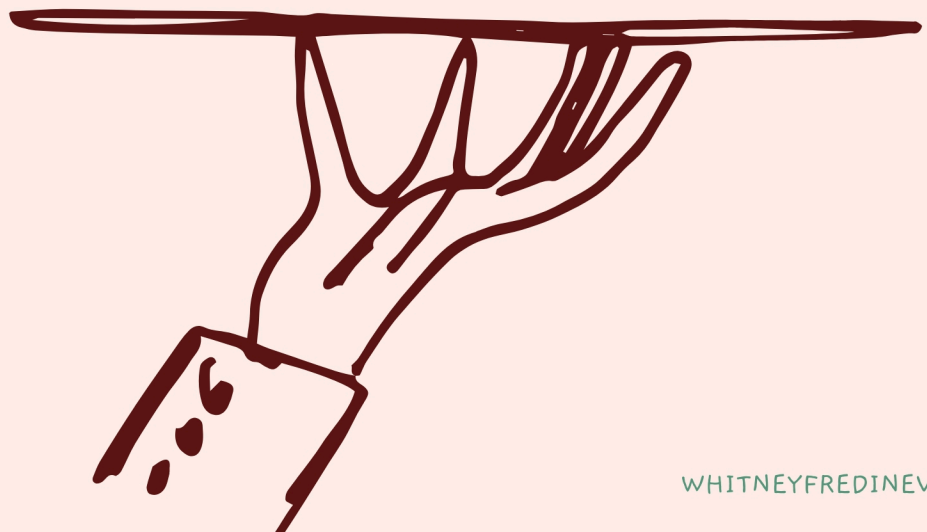
Salads

PRICE PER PERSON

HARVEST SALAD WITH BUTTERNUT SQUASH, APPLE, PEPITAS, CRAISINS, KALE, CRUMBLED CRANBERRY WENSLEYDALE WITH HONEY CIDER VINAIGRETTE 6.5

SHAVED BRUSSELS SPROUTS SLAW WITH MAPLE MUSTARD DRESSING 5.5

ARUGULA, ROASTED CARROT + ROASTED APPLE SALAD WITH PINE NUTS AND FETA 6.5





Sides + Starches

BRAISED BRUSSELS SPROUTS
WITH CRANBERRIES + BACON 6.5

ROASTED ROOT VEGETABLES:
PURPLE SWEET POTATO,
PARSNIPS, BEETS, CARROTS,
BUTTERNUT SQUASH WITH
ROSEMARY 6

MAPLE DIJON GLAZED ROASTED
CARROTS + APPLES 6.5

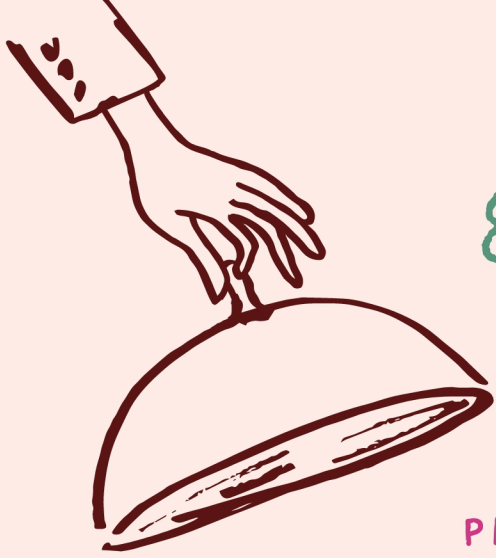
ACORN SQUASH WITH MAPLE
TAHINI GLAZE 6.5

APPLE, CRANBERRY + HERB
STUFFING 6.5

MASHED SWEET
POTATOES 6

SWEET POTATO GRATIN 6.5

ALL CAN BE MADE
VEGAN | PRICE
PER PERSON



Entrees

PRICE PER PERSON

Pumpkin Thai Curry with
jasmine rice 22

Pumpkin Thai Chicken Curry
with jasmine rice 24

Beef Short Rib Bourguignon
with mashed potatoes 38

Chicken or Pork Marsala with
mashed potatoes or farfalle 28

Herb-roasted Turkey Breast
with Garlic Herb Butter and
mashed potatoes 26





Vegetable Entrees

QUINOA STUFFED BAKED ACORN
SQUASH WITH CRAISINS,
PEPITAS, PARMESAN,
GOAT CHEESE 24

CREAMY BUTTERNUT SQUASH
FARFALLE WITH SPINACH 22

WILD MUSHROOM
ISRAELI COUSCOUS 28

ALL CAN BE MADE VEGAN
PRICE PER PERSON

- DESSERTS -

PRICE PER DOZEN



APPLE CRISP WITH VANILLA BEAN
ICE CREAM 60

PEAR, CRANBERRY + APPLE GALETTE
OR MINI PIES 32/40

PUMPKIN MOUSSE CUPS WITH
GINGERBREAD CRUMBS, SUGARED
NUT TOPPING 48



HARVEST COOKIES 30

CARAMEL PECAN
BROWNIES 48



CHRISTMAS PAVLOVA WREATH WITH
SUGARED CRANBERRIES GF 48

CRANBERRY + LIME CURD TART
WITH GINGERBREAD CRUST
OR MINI PIES 42/48





Thanksgiving

PRIX FIXE MENU
SERVES 6 | READY TO REHEAT
\$49/PP

HERB ROASTED TURKEY BREAST
MASHED POTATOES WITH
TURKEY GRAVY
CRANBERRY ORANGE SAUCE
FRESH GREEN BEANS
CORN SOUFFLE
HOLIDAY STUFFING
DINNER ROLLS
PUMPKIN CUSTARD PIE
DUTCH APPLE PIE

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THANKSGIVING PIES
BOURBON PECAN 36
CRANBERRY APPLE 32
DUTCH APPLE 28
PUMPKIN CUSTARD 28
MIXED BERRY 32

THANKSGIVING
ORDERS WILL BE
READY FOR PICKUP
OR DELIVERY ON
WEDNESDAY,
NOVEMBER 22,
BETWEEN
12-2 PM



- BOX LUNCHES -

PRICE PER PERSON
MIN ORDER 6



Fall Cobb Salad with spring mix,
crispy bacon, pomegranate seeds,
hard boiled egg, goat cheese,
apple, and pepitas 18

Cranberry Turkey Sandwich on
multigrain bread 18



Butternut Squash Bisque 12

Minestrone 12

Loaded Baked Potato Soup 12

Autumn Grain Bowl with
Lentils and Farro 18

